

# **Girl Scouts – NCCP**

## **Jump Start**

### **Journey Box**

**Journey: Brownie Quest**

**Award: Discovery Key**



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## What is a Jump Start Journey Box?

Jump Start Journey Boxes are a FREE troop resource offered by the GS – NCCP Program Department. Each box provides the activity instructions and supplies to help you jump start your Journey. In completing the activities in the box, your troop will have completed the objectives to earn the Journey's first Award. Then it is up to you to lead your Troop to complete the rest of their Journey. Let us help you jump start your Journey by reserving a box today!

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## Jump Start Journey Box Reservation Process

1. You will complete the online form <http://www.nccoastalpines.org/en/our-council/forms-and-documents-/journey-kit-reservation-request-form.html> to reserve a box (No walk-ins/telephone reservations will be accepted).
2. Then, you will receive an email confirming the name of the reserved Journey box, the available check out date/return date and the designated Service Center Retail Shop where the box will be picked up and returned.
3. If the Journey Box requested is not available, you will be placed on a waitlist and contacted within a few days to schedule a new check out date.
4. You will pick up the assigned Jump Start Journey Box on the designated check out date from your local Service Center Retail Shop.
5. If a box isn't picked up within 2 business days from the scheduled check out date, then it will be given to the next person on the waitlist and you will have to contact the Angie Brown [acobb@nccoastalpines.org](mailto:acobb@nccoastalpines.org) to reschedule your reservation.
6. After 3 weeks (or sooner), you will return the box to the Service Center Retail Shop in which it was reserved from (please also complete and include the provided inventory checklist form).
7. An online evaluation will be sent to you via email when box has been returned.

# Discover Key Award Objectives

1. Discover their special talents and skills
2. Discover their values of the Girl Scout Law
3. Discover their family talents and values

## Discover Key Award Activity Summary

### **1. OPENING CEREMONY-**Time:10 minutes

- a. Girl Scout Promise
- b. Girl Scout Law
- c. Brownie Smile Song
- d. Snack (NOT INCLUDED IN BOX)
- e. Talk about award objectives:
  - i. Discover their special talents and skills
  - ii. Discover their values of the Girl Scout Law
  - iii. Discover their family talents and values

### **2. I AM POSTER-**Time:10 minutes

It is time for your troop to show each other who they are. Have your girls sit for a minute and think about what they like, what they dislike, and what is important to them. Encourage the girls to think about their strengths and what makes them unique. After the girls have thought for a bit, it is time to get creative. Give each girl a piece of paper, some crayons, and magazines. Tell to draw the things they just thought about. Let them get crafty and find words and pictures in the magazine that they like.

#### Supplies

- Instructions (return to box)
- Construction Paper
- Magazines
- Scissors (return to box)
- Crayons (return to box)

### **3. GIRL SCOUT LAW BRACELET-**Time:12 minutes

This is a great activity to teach the Girl Scout Law or go over it for those who know it. The girls will make a bracelet with 11 different color beads. Each bead matches a line of the Girl Scout Law. Hand each girl a premade handout, which tell her which color represents each line of the law.

#### Supplies

- Instructions
- 11 different pony beads (each girl gets 1 of each color) (return to box)
- Elastic cord
- Scissors (return to box)
- Handouts

#### **4. ACT IT OUT-**Time:15 minutes

Now that your troop has gone over the Girl Scout Law a bit, it is time to make sure they understand what it means to live by the Girl Scout Law. In the box you will be scenarios which demonstrate a line of the Girl Scout Law, have your girls act out in pairs the scenarios. The other members of the troop need to guess, which line of the law they are acting out. Try to encourage to not use words from the line they are acting out. P.S. if your troop loves acting let them create their own scenarios from the lines of the law.

- Instructions
- Scenarios (return to box)

#### **5. POT OF GOLD-**Time:10 minutes

Take a trip to Ireland with your troop! In this activity girls will explore their best qualities and also celebrate others. Girl will learn how valuable their qualities are just like gold. Like the Irish Leprechauns you and your troop will share their gold with others!

Supplies:

- Instructions (return to box)
- Gold paper coins
- Pot

#### **6. MY FAMILY VALUES-**Time:12 minutes

Have your girls come up with values that are important to their family and traditions that make their family special. Explain to your girls how many of their values come from what their families' value. Then have their girls create Family Crest, on paper plates, which represents their values and traditions. This activity can be an activity you send home with girls to do with their families.

Supplies

- Instructions (return to box)
- Paper plates
- Crayons (return to box)

#### **7. CLOSING CEREMONY-**Time:5 minutes

When your troop has completed all activities, they have earned the Discover Key Award. Online under Volunteers > Volunteer Learning and Support > Troop Co-Leaders > Resources for Troop Leaders, you can edit and print a certificate for each girl. Please give a certificate out to each girl in your troop. You can do a fun certificate ceremony at the end of completing these activities! Other closing activities could include:

- Make New Friends Song
- Clean up

## Discover Key Activity Instructions

### ACTIVITY 2- I AM POSTER

Time: 10 minutes

Supplies:

- Instructions (return to box)
- Construction Paper (return extra to box)
- Magazines (return extras to box)
- Scissors (return to box)
- Crayons (return to box)



Steps:

1. Have your troop noodle on their strengths, abilities, hobbies, and who they are
2. Tell them to create a posters displaying this information, along with their name
3. They can use pictures from the magazines or color with crayons to decorate their posters
4. After the poster have been made, have each girl share a few things on her poster
5. Take them home to share with family
6. Reflection questions:
  - a. What are similar things on some of the posters?
  - b. What are different things on some of the posters?
  - c. Why is it important to be who you truly are?

**PLEASE return supplies that are marked RETURN TO BOX back into the box along with extra supplies that were not used!**

## ACTIVITY 3- GIRL SCOUT LAW BRACELET

Time: 12 minutes

Supplies:

- 11 different pony beads (each girl gets 1 of each color) (return extra to box)
- Elastic cord (return extra too box)
- Scissors (return to box)
- Handouts (return extra to box) **(See resource section)**



Steps:

1. Give each girl 11 different color pony beads (1 of each color)
2. Give your troop a piece of elastic cord that can go around their wrist
3. Then provide everyone with a Girl Scout Law bracelet handout
4. Tell your troop to put on the color beads in order of the Law on the handout, so light blue would be first.
5. Once all the beads have been add, recite the Girl Scout Law and tell your troop they now have an easy way to remember the Girl Scout Law when they wear their bracelet.
6. Reflection questions:
  - a. What line in the law do you think represents you most?
  - b. What line do you need to work on as a Girl Scout?
  - c. What is your favorite part about being a Girl Scout?

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## ACTIVITY 4- ACT IT OUT

Time: 15 minutes

Supplies:

- Scenarios (return to box) **(See resource section)**

Steps:

1. Get out scenarios
2. Give a scenario to each pair of girls
3. Tell pair they need to get their peers to guess which part of the law they are acting out, without saying the words from the law
4. If your troop loves to act or is bigger, have them create their own scenarios to demonstrate the law
5. Reflection questions:
  - a. Which law is the hardest to act out?
  - b. What law do you need to work on as a troop to be better at?



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## ACTIVITY 5- POT OF GOLD

Time: 10 minutes

Supplies:

- Instructions (return to box)
- Gold paper coins
- Pot



Steps:

1. Give each girl two coins (you may need to cut paper to make more/bigger coins)
2. Have them write their name on one side of the coin
3. On the other side of the coin, have them write something special about themselves or something they are good at, such as: "I am good at painting" or "I am curious"
4. Put all the coins into the pot and mix them around
5. Gather in a circle and have each girl pull out a coin and read the front and back aloud
6. Then they will give a hug/high-five to the girl whose coin they just read
7. Reflection questions:
  - a. Did you like sharing your special talent or quality?
  - b. What is something you learned about a troop member that you didn't know before?
  - c. Why is it important to celebrate everyone's special gifts and talents?

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## ACTIVITY 6- MY FAMILY VALUE

Time: 12 minutes

Supplies:

- Instructions (return to box)
- Paper plates
- Crayons (return to box)



Steps:

1. Have your troop think of values and traditions that are important to them
2. Explain that many of their values and traditions come from their family
3. Have them create a family crest that displays these values and traditions
4. This activity can be sent home to do as a family or it can be done in the meeting and shared with family later.
5. Reflection questions:
  - a. What are differences between some family crests?
  - b. What are some similarities?
  - c. How do our families influence who we are?

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# Resource Section

## ACT IT OUT

### **Line of the Law: Honest and Fair**

Scenario: You are playing tag in gym class and you get tagged out. Your teacher asked if you got tagged or not, you tell the truth and say yes.

### **Line of the Law: Friendly and Helpful**

Scenario: Your friend drops all of markers and books on the floor and you help her pick them up

### **Line of the Law: Considerate and Caring**

Scenario: Your mom is feeling sick so you bring her flowers and some juice to make her feel better.

### **Line of the Law: Courageous and Strong**

Scenario: A big kid on the bus is teasing your neighbor about their glasses. You tell them to stop teasing your neighbor.

### **Line of the Law: Responsible for what I say and do**

Scenario: You have promised your mom that you are going to start making your own bed every morning and feed the cat. So you get up make your bed and feed the cat.

### **Line of the Law: Respect myself and others**

Scenario: Go for a long walk with your family and then have a healthy snack.

### **Line of the Law: Respect authority**

Scenario: You are running down the hall at school. Your principal calls you over and asks you to stop. You apologize and walk to class instead of run.

### **Line of the Law: Use resources wisely**

Scenario: You remind your sister to turn off the water while brushing her teeth.

### **Line of the Law: Make the world a better place**

Scenario: You clean up trash at a local park and plant flowers.

### **Line of the Law: Be a sister to every Girl Scout**

Scenario: You invite your new troop member to your birthday party.





### Girl Scout Promise

On my honor, I will try to serve God and My Country

To help people at all times, and to love by the Girl Scout Law

### Girl Scout Law

I will do my best to be...

-  Honest and Fair
-  Friendly and Helpful
-  Considerate and Caring
-  Courageous and Strong
-  Responsible for What I Say and Do
-  Respect Myself and Others
-  Respect Authority
-  Use Resources Wisely
-  Make the World a Better Place
-  Be a Sister to Every Girl Scout



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# Congratulations!

**You've completed the GS-NCCP Jump  
Start Journey Box for the Discover Key  
Award.**

**Name:\_\_\_\_\_**

**Troop #\_\_\_\_\_**

